

STUDENT FEEDBACK

This is what former students are saying about the Shiatsu Master Course:

"A natural continuation from the Diploma Course. I couldn't even think about NOT doing it."

Simo Martin, Helsinki
Musician and acupuncturist

"Goes a lot deeper than the Diploma Course. You get a lot of new tools to use"

Antti Tassberg, Helsinki
IT manager and karate black belt

"This course has changed my whole life: I can't find the words to express how much."

Maria Lehtonen, Rihimäki
Professional boxer

INFORMATION

044 545 6785 john@suomenshiatsukoulu.fi



cranio-sacral work, Granholmen summer camp, June 2009

COURSE DATES 2011-2012

HELSINKI WEEKENDS Sat. 10-17, Sun 10-17

2011

10-11. 9, 8-9.10, 12-13.11, 10-11.12

2012

14-15.1, 11-12. 2, 10-11. 3, 14-15. 4

RESIDENTIAL COURSE (about 30 study hours)

Granholmen island, Taalintehdas
7-10. 6. 2012

REGISTRATION

If you would like to register for this programme, please pay the fee for the first weekend (120 €) **before 1.7.2011** to: John Lewis **NORDEA 114535-35124** and mark the payment: "MASTER 11-12 weekend 1"

Fees for the **HELSINKI WEEKENDS** are **120 €** per weekend, inclusive of all written material
Fees for the **RESIDENTIAL COURSE** = **240 €**
TOTAL STUDY FEES FOR THE YEAR = 1,200 €

There are a few **30% discount** places remaining for this year for students who wish to pay the whole study fee **before July 1st 2011**. The discount fee is **840 €**, and covers all study fees but NOT the Summer Camp accommodation fee (see below)

Please note: there is an additional fee of **80 €** to cover food, accommodation and boat transfer to and from the island during the summer camp. This should be paid at or a little before the camp in June 2012.

SUOMEN SHIATSUKOULU



Shiatsu Master Course
2011-2012

MASTERING THE ART OF HEALING

Continuing on from the Diploma Course, this two-year study programme covers a wide range of subjects, with the aim of helping you to master the art of healing.

True healing is not just about technique, but is really the ability to project healing energy into the patient.

With the range of skills, insights and information you will receive from this programme, your ability to help sick and unhappy people will be dramatically improved.

THE PROGRAMME

The Shiatsu Master Course comprises 2 years of study, with 8 weekends per year at our school in Helsinki from September to April, plus a four-day residential programme on Gränholmen island in the archipelago during June of both the first and second years.

The Shiatsu Master Course programme will be translated simultaneously into Finnish for the study year 2011-2012.

The total study time during the two-year period is about 260 hours. The curriculum for the course is as follows:

HEALTH PROBLEMS

Cancer
Sexually transmitted diseases
Multiple Sclerosis
Eating Disorders
Menstrual problems
Allergies
Candidiasis
Seasonal Affective Disorder
Blood pressure problems
Endometriosis
Heavy metal toxicity
Menopause problems
Sexual vitality problems

BODY SYSTEMS

The Glandular system
The Immune system
The Nervous system
The Digestive system
The Respiratory system
The Circulatory system

EMPOWERMENT PRACTICES

The Inner Smile
The Microcosmic Orbit
Bone Marrow Washing
The Heart Sutra
The Diamond Sutra
Chanting and Mudras
Awaken life direction
Kahuna practices

DIAGNOSIS

Applied Kinesiology
Pendulum diagnosis
Nail diagnosis
Tongue diagnosis
Pulse diagnosis
Hatsu-So
Organ Scanning
Vibrational diagnosis

SPECIAL TECHNIQUES

Brain integration
Sotai exercises
Deep muscle work
Joint manipulation

NUTRITION

Food as Medicine
Nourishing the 5 elements
Nutritional science
Healing with *Sunrider* herbs

CHI NEI TSANG TECHNIQUES

Opening the Gates,
Chasing the Winds
Detoxing the organs
Detoxing the skin
Detoxing the intestines
Detoxing lymph system
Centring the navel
Balancing the pulses
Blood flushing

IN-DEPTH STUDY AND PRACTICE

In addition, we study **Feng Shui** and **9 Star Ki Astrology**, as well as keeping up to date with the latest developments in healing and health care issues.

Students are also required to write 50 treatment reports. A practical examination, as well as a personal interview, are held at the end of the second year.

If you would like to join our next programme, which begins in September 2011, please contact us by phone or e-mail. The registration section of this brochure contains further details.

ACCELERATED LEARNING

We conduct all our classes in an accelerated learning environment, with vaporized essential oils, soft music and incandescent lights.

We keep you supplied with herbal teas and essential oil products to help nourish your brain and body, and make the learning experience informative and enjoyable.

"The Master Course Manual", a 180-page book containing all the material we cover, is available by email or online free of charge to all Master Course students.